

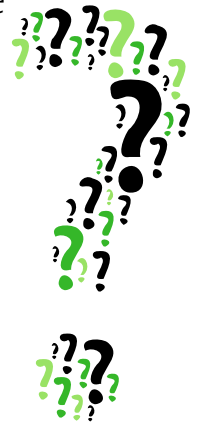


I Am More Than You See

A conversation about the impact of Racism and Discrimination on Black people's mental and physical health and what health workers and practitioners need to understand to help increase BME engagement and recovery rates

**Date: Wednesday 31st October 2018
2pm to 5pm**

**Venue: Stephen Lawrence Centre
39 Brookmill Rd, London SE8 4HU**



A recent SLaM report highlighted that only 14% of BME clients finished a course of psychological therapy; BME recovery rate is disproportionately lower than non-BME groups; depression is 60% higher amongst the BME communities and they present late if at all. 7% of Black adults compared to 14% White adults are likely to report receiving medication, counselling or therapy.

**JOIN US AND HELP BRIDGE THE GAP'S TOGETHER
WE CAN MAKE A DIFFERENCE'**

This seminar is an opportunity for mental health organisations, workers, clinicians, counsellors, therapists and volunteers to develop their awareness and understanding of why Black people continue to experience poorer mental health outcomes and more likely to disengage from psychological therapy compared to White people

Ticket Link

<https://i-am-more-than-you-see.eventbrite.co.uk>



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